

Sample Tools for Initial Visits

Sample Tools from the Six Core Elements of HCT™

- Sample self-care skills assessment from Got Transition’s “Integrating Young Adults into Adult Health Care” (*click [here](#)*)
- Sample content for initial visits from Got Transition’s “Integrating Young Adults into Adult Health Care” (*click [here](#)*)

Sample Initial Visits Tools for Young Adults with Specific Conditions

- Sample content for initial visits with young adults with sickle cell disease from PRISMA Health (*click [here](#)*)
- Sample content for initial visits with young adults with sickle cell disease from the University of Miami (*click [here](#)*)

