

Sample Medical Summary and Emergency Care Plan

This document should be shared with the young adult.
Attach the immunization record to this form.

CONTACT INFORMATION

Preferred name

Legal name

Date of birth

Preferred language

Address

Cell phone/Home phone

Best time to reach

Email

Best way to reach (text, phone, email)

Health insurance and/or plan

Group and ID numbers

PLEASE SOME SPECIAL INFORMATION THAT THE YOUNG ADULT WANTS THEIR NEW HEALTH CARE CLINICIAN TO KNOW (e.g., favorite hobby).

EMERGENCY CARE PLAN

Limited decision-making legal documents available, if needed

Disaster preparedness plan completed

Emergency contact

Relationship

Phone

Preferred emergency care location

Common Emergent Presenting Problems	Suggested Tests	Treatment Considerations



Sample Medical Summary and Emergency Care Plan (Continued)

ALLERGIES AND PROCEDURES TO BE AVOIDED

Allergies	Reactions

To Be Avoided	Why?
<input type="checkbox"/> Medical procedures	
<input type="checkbox"/> Medications	

DIAGNOSES AND CURRENT PROBLEMS

Problem	Details and Recommendations
<input type="checkbox"/> Primary Diagnosis	
<input type="checkbox"/> Secondary Diagnosis	
<input type="checkbox"/> Behavioral	
<input type="checkbox"/> Communication	
<input type="checkbox"/> Feeding & Swallowing	
<input type="checkbox"/> Hearing/Vision	
<input type="checkbox"/> Learning	
<input type="checkbox"/> Orthopedic/Musculoskeletal	
<input type="checkbox"/> Physical Anomalies	
<input type="checkbox"/> Respiratory	
<input type="checkbox"/> Sensory	
<input type="checkbox"/> Stamina/Fatigue	
<input type="checkbox"/> Other	

MEDICATIONS

Medications	Dose	Frequency	Medications	Dose	Frequency

Sample Medical Summary and Emergency Care Plan (Continued)

HEALTH CARE CLINICIANS

Clinician's name _____ Primary/(Sub)specialty _____

Clinic or Hospital _____ Phone _____ Fax _____

Clinician's name _____ Primary/(Sub)specialty _____

Clinic or Hospital _____ Phone _____ Fax _____

PRIOR SURGERIES, PROCEDURES, AND HOSPITALIZATIONS

Date _____ Surgery/Procedure/Hospitalization _____

Date _____ Surgery/Procedure/Hospitalization _____

BASELINE

Vital Signs: *Height* _____ *Weight* _____ *RR* _____ *HR* _____ *BP* _____

Neurological status _____

MOST RECENT LABS AND RADIOLOGY

Test _____ Result _____ Date _____

Test _____ Result _____ Date _____

Test _____ Result _____ Date _____

EQUIPMENT, APPLIANCES, AND ASSISTIVE TECHNOLOGY

- Gastrostomy
- Tracheostomy
- Suctions
- Nebulizer
- Communication Device
- Adaptive Seating

- Wheelchair
- Orthotics
- Crutches
- Walker
- Other(s): _____

- Monitors:
- Apnea
 - O₂
 - Cardiac
 - Glucose

Sample Medical Summary and Emergency Care Plan (Continued)

SCHOOL AND COMMUNITY INFORMATION

Agency/School *Contact person* *Phone*

Agency/School *Contact person* *Phone*

Agency/School *Contact person* *Phone*

IMPORTANT NEXT STEPS

Next step(s)

Next appointment(s)

Young adult signature *Date*

Print name *Phone*

Clinician/Care staff signature *Date*

Print name *Phone*