

Sample Plan of Care

This sample plan of care is created jointly with the young adult to set goals and outline a plan of action that combines health and personal goals. Information from the self-care skills assessment can be used to develop goals. The plan of care should be updated often.

Preferred name

Legal name

Date of birth

Primary diagnosis

Secondary diagnosis

WHAT MATTERS MOST TO YOU AS A YOUNG ADULT? HOW CAN LEARNING MORE ABOUT YOUR HEALTH NEEDS AND LEARNING HOW TO USE HEALTH CARE SUPPORT YOUR GOALS?

Young Adult's Prioritized Goals	Transition Issues or Concerns	Actions	Person Responsible	Target Date	Date Completed

Clinician/Care staff name

Date plan created/Updated

Clinician/Care staff contact information

Clinician/Care staff signature

Young adult signature