

Sample Transition and Care Policy/Guide

[Adult Practice Name] welcomes you to our practice. We want you to have high quality care that meets your unique needs, including any special health care needs.

We put you in the center of your own health care. The doctor is your partner in meeting your health goals. We will keep all details about your care private. By law, you are an adult at age 18. We will only discuss your health information with others if you agree. Some young adults choose to involve their parents/caregivers or others in their health care choices. To allow your doctor to share information with them, consent is required. We have these forms at our practice. For young adults who have a condition that limits them from making health care choices, the office will share with parents/caregivers options for how to support decision-making. For young adults who are not able to consent, we will need a legal document that describes the person's decision-making needs.

We ask that new young adults joining our practice send a medical record from their past doctor(s) before the first visit with us. Having your information before you come for the first time helps us be sure we don't miss any details. This will make the experience better for you. We make every effort to work with your past doctor(s) so the move goes well for you. We will help you find community resources and specialty care, if needed.

Your health matters to us, and we look forward to having you join us. If you have any questions, please feel free to contact us.