

Health Care Transition Process Measurement Tool

for Integrating Young Adults into Adult Health Care

Instructions: Each of the Six Core Elements, as well as Young Adult Engagement, can be scored according to whether some or all of the implementation steps have been completed. For example, developing and publicly displaying a written transition and care policy/guide has a possible score of 5; that is, if this step is completed with the appropriate documentation listed below (Yes), a practice or system would receive a score of 5. If it is not completed (No), the score is 0. (No partial scores.)

IMPLEMENTATION REQUIREMENT		SCORE
1. Transition and Care Policy/Guide	Documentation	Yes = 5 / No = 0
Developed a written transition and care policy/guide that describes the practice's approach to health care transition (HCT), including information about an adult approach to care in terms of privacy and consent, and displayed it publicly (e.g., waiting room, practice website)	Copy/screenshot of transition and care policy/guide; photo of public display	
Obtained and incorporated input from young adults into transition and care policy/guide	Number of young adult reviewers	
Established a clinic process to discuss/share the transition and care policy/guide with young adults	Description of clinic process	
Educated staff about transition and care policy/guide and their roles in the HCT process	Dates of education; educational content	
Transition and Care Policy/Guide Subtotal		_____ (out of 20)
2. Tracking and Monitoring	Documentation	Yes = 5 / No = 0
Established criteria and implemented a clinic process for identifying transition-aged young adults	Description of population and clinic process	
Developed individual transition flow sheet or registry to track young adults' receipt of all of the Six Core Elements	Flow sheet or registry template	
Tracking and Monitoring Subtotal		_____ (out of 10)

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IMPLEMENTATION REQUIREMENT		SCORE
3. Orientation to Adult Practice		Documentation
		Yes = 5 / No = 0
Developed welcome materials (e.g., letter, FAQs, transition and care policy/guide) with input from young adults	Copy/screenshot of welcome materials; number of young adult reviewers	
Established a clinic process to welcome new young adults coming into the practice and provide welcome materials	Description of clinic process	
Identified clinicians in practice who are interested and available to care for young adults	List of adult clinicians	
Orientation to Adult Practice Subtotal		<u> </u> (out of 15)
4. Integration into Adult Practice		Documentation
		Yes = 5 / No = 0
Established a clinic process to ensure receipt of and review transfer package (introduction letter, plan of care with goals and action steps, latest readiness assessment, medical summary and emergency care plan, and if needed, legal documents) from pediatric clinicians before first visit	Description of clinic process	
Established a clinic process for practice staff to communicate with pediatric clinician about pending transfer of care and confirm the pediatric clinician's responsibility for care until young adults are seen in the adult practice	Description of clinic process	
Established a clinic process to contact young adults prior to their visit (e.g., text, email, call)	Description of clinic process; copy of text/email	
Integration into Adult Practice Subtotal		<u> </u> (out of 15)
5. Initial Visits		Documentation
		Yes = 5 / No = 0
Adopted a standardized self-care skills assessment for use with young adults	Copy/screenshot of self-care skills assessment	
Established a clinic process for assessing self-care skills (i.e., a clear process for how the self-care skills assessment is given to young adults) and incorporating results into young adults' medical record or plan of care	Description of clinic process; plan of care template	
Created an educational process around self-care needs (e.g., discussion, pamphlets, educational groups)	Description of educational process; educational materials	
Developed templates for medical summary and emergency care plan and plan of care (including transition readiness assessment findings, goals, and action steps) that are accessible to young adults	Medical summary and emergency care plan and plan of care templates	
Developed content for first visit (e.g., review aspects of adult health care, discuss young adult's concerns about changes from pediatric care) with input from young adults	Description of content; number of young adult reviewers	
Initial Visits Subtotal		<u> </u> (out of 25)

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IMPLEMENTATION REQUIREMENT		SCORE
6. Ongoing Care	Documentation	Yes = 5 / No = 0
Established a clinic process for practice staff to communicate with and/or seek consultation assistance from referring clinicians after transfer	Description of clinic process	
Established a clinic process to assist new young adults in identifying and connecting with other adult clinicians (e.g., primary care, specialists, behavioral health, reproductive health)	Description of clinic process	
Established clinic process to systematically obtain feedback from young adults about the HCT supports received	Copy/screenshot of survey or interview questions	
Ongoing Care Subtotal		<u> </u> <i>(out of 15)</i>
TOTAL IMPLEMENTATION SCORE		<u> </u> <i>(out of 100)</i>

YOUNG ADULT ENGAGEMENT	SCORE
	Yes = 5 / No = 0
Involved young adults in the implementation of staff education on young adult care	
Included young adults as active members of the advisory council or transition quality improvement team	
TOTAL YOUNG ADULT ENGAGEMENT SCORE	<u> </u> <i>(out of 10)</i>

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Instructions: The practice/system can be scored according to the percentage of young adults that receive each of the Six Core Elements. Possible scores range from 1-5.* If a practice/system starts with a subset of young adults with special needs, they would likely be reaching 20% or less of eligible patients for a score of 1 point. If they are implementing the Six Core Elements for all eligible young adults with and without chronic conditions, they would score at the maximum level of 5 points. (No partial scores.)

PERCENT OF TRANSITION-AGED PATIENTS RECEIVING SIX CORE ELEMENTS	SCORE 1 to 5
1. Transition and Care Policy/Guide Sharing transition and care policy/guide with young adults, ages 18-26 (letter or visit)	
2. Tracking and Monitoring Tracking young adults, ages 18-26, with an individual transition flow sheet or registry	
3. Orientation to Adult Practice Sharing packet of welcome materials tailored to young adults	
4. Integration into Adult Practice Pre-visit appointment reminders for young adult patients	
5. Initial Visits Administering self-care skills assessment periodically to young adults, ages 18-26 Updating and sharing medical summary and emergency care plan and plan of care with self-care skills assessment findings, goals and action steps	
6. Ongoing Care Contacting young adults for feedback about HCT supports received	
TOTAL DISSEMINATION SCORE	(out of 35)

***SCORING KEY**

SCORE	1	2	3	4	5
Percent of transition-aged patients receiving Six Core Elements	(1-20%)	(21-40%)	(41-60%)	(61-80%)	(81-100%)