

Health Care Transition Process Measurement Tool

for Transitioning to an Adult Approach to Health Care Without Changing Clinicians

Instructions: Each of the Six Core Elements, as well as Youth/Young Adult and Parent/Caregiver Engagement, can be scored according to whether some or all of the implementation steps have been completed. For example, developing and publicly displaying a written transition and care policy/guide has a possible score of 5; that is, if this step is completed with the appropriate documentation listed below (Yes), a practice or system would receive a score of 5. If it is not completed (No), the score is 0. (No partial scores.)

IMPLEMENTATION REQUIREMENT		SCORE
1. Transition and Care Policy/Guide	Documentation	Yes = 5 / No = 0
Developed a written transition and care policy/guide that describes the practice's approach to health care transition (HCT) and displayed it publicly (e.g., waiting room, practice website)	Copy/screenshot of transition and care policy/guide; photo of public display	
Included information in transition and care policy/guide about privacy and consent at age 18	Copy/screenshot of transition and care policy/guide	
Obtained and incorporated input from youth/young adults and parents/caregivers into transition and care policy/guide	Number of youth/young adult and parent/caregiver reviewers	
Established a clinic process to discuss/share the transition and care policy/guide with youth/young adults and parents/caregivers	Description of clinic process	
Educated staff about transition and care policy/guide and their roles in the HCT process	Dates of education; educational content	
Transition and Care Policy/Guide Subtotal		_____ (out of 25)
2. Tracking and Monitoring	Documentation	Yes = 5 / No = 0
Established criteria and implemented a clinic process for identifying transition-aged youth/young adults	Description of population and clinic process	
Developed individual transition flow sheet or registry to track youth/young adults' receipt of all of the Six Core Elements	Flow sheet or registry template	
Tracking and Monitoring Subtotal		_____ (out of 10)



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IMPLEMENTATION REQUIREMENT		SCORE
3. Transition Readiness		Yes = 5 / No = 0
Adopted a standardized readiness assessment for use with transition-aged youth	Documentation Copy/screenshot of readiness assessment	
Established a clinic process for assessing transition readiness (i.e., a clear process for how the readiness assessment is given to youth and parents/caregivers) and incorporating results into youths' medical record or plan of care	Description of clinic process; plan of care template	
Created an educational process to address readiness assessment needs (e.g., discussion, pamphlets, educational groups)	Description of educational process; educational materials	
Established a clinic process for offering youth time alone during office visits without parents/caregivers present	Description of clinic process	
Transition Readiness Subtotal		<u> </u> (out of 20)
4. Transition Planning		Yes = 5 / No = 0
Developed plan of care template that incorporates transition readiness assessment findings, goals, and action steps that is accessible to youth/young adults and parents/caregivers	Documentation Plan of care template; description of clinic process for sharing with youth/young adults and parents/caregivers	
Developed a medical summary and emergency care plan template that is accessible to youth/young adults and parents/caregivers	Medical summary and emergency care plan template; description of clinic process for sharing with youth/young adults and parents/caregivers	
Established a clinic process to determine needs for decision-making support prior to age 18	Description of clinic process	
Established a clinic process for assisting youth/young adults in identifying adult specialty clinicians, if needed	Description of clinic process	
Transition Planning Subtotal		<u> </u> (out of 20)

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IMPLEMENTATION REQUIREMENT		SCORE
5. Transition to Adult Approach to Care		Yes = 5 / No = 0
	Documentation	
Established a clinic process to document discussion of privacy and consent issues at age 18	Copy/screenshot of registry template	
Adopted a standardized self-care skills assessment for use with young adults	Copy/screenshot of self-care skills assessment	
Established a clinic process for assessing self-care skills (i.e., a clear process for how the self-care skills assessment is given to young adults) and incorporating results into young adults' medical record or plan of care	Description of clinic process; plan of care template	
Created an educational process to address self-care skills assessment needs (e.g., discussion, pamphlets, educational groups)	Description of educational process; educational materials	
Transition to Adult Approach to Care Subtotal		_____ <i>(out of 20)</i>
6. Ongoing Care		Yes = 5 / No = 0
	Documentation	
Established a clinic process to systematically obtain feedback from youth/young adults and parents/caregivers about the HCT supports received while transitioning to an adult approach to care	Copy/screenshot of survey or interview questions	
Ongoing Care Subtotal		_____ <i>(out of 5)</i>
TOTAL IMPLEMENTATION SCORE		_____ <i>(out of 100)</i>
YOUTH/YOUNG ADULT AND PARENT/CAREGIVER ENGAGEMENT		SCORE
		Yes = 5 / No = 0
Involved youth/young adults and parents/caregivers in the implementation of staff education on HCT		
Included youth/young adults and parents/caregivers as active members of the advisory council or transition quality improvement team		
TOTAL YOUTH/YOUNG ADULT AND PARENT/CAREGIVER ENGAGEMENT SCORE		_____ <i>(out of 10)</i>

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Instructions: The practice/system can be scored according to the percentage of youth and young adults that receive each of the Six Core Elements. Possible scores range from 1-5.* If a practice/system starts with a subset of youth or young adults with special needs, they would likely be reaching 20% or less of eligible patients for a score of 1 point. If they are implementing the Six Core Elements for all eligible youth and young adults with and without chronic conditions, they would score at the maximum level of 5 points. (No partial scores.)

PERCENT OF TRANSITION-AGED PATIENTS RECEIVING SIX CORE ELEMENTS	SCORE
	1 to 5
1. Transition and Care Policy/Guide Sharing transition and care policy/guide with youth/young adults and parents/caregivers beginning at ages 12-14 (letter or visit)	
2. Tracking and Monitoring Tracking youth/young adults, ages 12-26, with an individual transition flow sheet or registry	
3. Transition Readiness Administering transition readiness assessments periodically to youth beginning at ages 14-16	
4. Transition Planning Regularly updating and sharing medical summary and emergency care plan and plan of care with readiness assessment findings, goals, and prioritized actions	
5. Transition to Adult Approach to Care Documenting discussion of privacy and consent at or before age 18 Administering self-care skills assessments periodically to young adults, ages 22-26	
6. Ongoing Care Eliciting feedback from youth/young adults who have transitioned to an adult approach to care and parents/caregivers about HCT supports received	
TOTAL DISSEMINATION SCORE	(out of 35)

***SCORING KEY**

SCORE	1	2	3	4	5
Percent of transition-aged patients receiving Six Core Elements	(1-20%)	(21-40%)	(41-60%)	(61-80%)	(81-100%)