

# Health Care Transition Process Measurement Tool

## for Transitioning to an Adult Approach to Health Care Without Changing Clinicians

**Instructions:** Each of the Six Core Elements, as well as Youth/Young Adult and Parent/Caregiver Engagement, can be scored according to whether some or all of the implementation steps have been completed. For example, developing and publicly displaying a written transition and care policy/guide has a possible score of 5; that is, if this step is completed with the appropriate documentation listed below (Yes), a practice or system would receive a score of 5. If it is not completed (No), the score is 0. (No partial scores.)

IMPLEMENTATION REQUIREMENT		SCORE
<b>1. Transition and Care Policy/Guide</b>	<b>Documentation</b>	<b>Yes = 5 / No = 0</b>
Developed a written transition and care policy/guide that describes the practice's approach to health care transition (HCT) and displayed it publicly (e.g., waiting room, practice website)	Copy/screenshot of transition and care policy/guide; photo of public display	
Included information in transition and care policy/guide about privacy and consent at age 18	Copy/screenshot of transition and care policy/guide	
Obtained and incorporated input from youth/young adults and parents/caregivers into transition and care policy/guide	Number of youth/young adult and parent/caregiver reviewers	
Established a clinic process to discuss/share the transition and care policy/guide with youth/young adults and parents/caregivers	Description of clinic process	
Educated staff about transition and care policy/guide and their roles in the HCT process	Dates of education; educational content	
<b>Transition and Care Policy/Guide Subtotal</b>		_____ (out of 25)
<b>2. Tracking and Monitoring</b>	<b>Documentation</b>	<b>Yes = 5 / No = 0</b>
Established criteria and implemented a clinic process for identifying transition-aged youth/young adults	Description of population and clinic process	
Developed individual transition flow sheet or registry to track youth/young adults' receipt of all of the Six Core Elements	Flow sheet or registry template	
<b>Tracking and Monitoring Subtotal</b>		_____ (out of 10)



# Health Care Transition Process Measurement Tool *(Continued)*

IMPLEMENTATION REQUIREMENT		SCORE
<b>3. Transition Readiness</b>	<b>Documentation</b>	<b>Yes = 5 / No = 0</b>
Adopted a standardized readiness assessment for use with transition-aged youth	Copy/screenshot of readiness assessment	
Established a clinic process for assessing transition readiness (i.e., a clear process for how the readiness assessment is given to youth and parents/caregivers) and incorporating results into youths' medical record or plan of care	Description of clinic process; plan of care template	
Created an educational process to address readiness assessment needs (e.g., discussion, pamphlets, educational groups)	Description of educational process; educational materials	
Established a clinic process for offering youth time alone during office visits without parents/caregivers present	Description of clinic process	
<b>Transition Readiness Subtotal</b>		<u>          </u> (out of 20)
<b>4. Transition Planning</b>	<b>Documentation</b>	<b>Yes = 5 / No = 0</b>
Developed plan of care template that incorporates transition readiness assessment findings, goals, and action steps that is accessible to youth/young adults and parents/caregivers	Plan of care template; description of clinic process for sharing with youth/young adults and parents/caregivers	
Developed a medical summary and emergency care plan template that is accessible to youth/young adults and parents/caregivers	Medical summary and emergency care plan template; description of clinic process for sharing with youth/young adults and parents/caregivers	
Established a clinic process to determine needs for decision-making support prior to age 18	Description of clinic process	
Established a clinic process for assisting youth/young adults in identifying adult specialty clinicians, if needed	Description of clinic process	
<b>Transition Planning Subtotal</b>		<u>          </u> (out of 20)

# Health Care Transition Process Measurement Tool *(Continued)*

IMPLEMENTATION REQUIREMENT		SCORE
<b>5. Transition to Adult Approach to Care</b>		<b>Documentation</b>
		<b>Yes = 5 / No = 0</b>
Established a clinic process to document discussion of privacy and consent issues at age 18	Copy/screenshot of registry template	
Adopted a standardized self-care skills assessment for use with young adults	Copy/screenshot of self-care skills assessment	
Established a clinic process for assessing self-care skills (i.e., a clear process for how the self-care skills assessment is given to young adults) and incorporating results into young adults' medical record or plan of care	Description of clinic process; plan of care template	
Created an educational process to address self-care skills assessment needs (e.g., discussion, pamphlets, educational groups)	Description of educational process; educational materials	
<b>Transition to Adult Approach to Care Subtotal</b>		<u>          </u> <i>(out of 20)</i>
<b>6. Ongoing Care</b>		<b>Documentation</b>
		<b>Yes = 5 / No = 0</b>
Established a clinic process to systematically obtain feedback from youth/young adults and parents/caregivers about the HCT supports received while transitioning to an adult approach to care	Copy/screenshot of survey or interview questions	
<b>Ongoing Care Subtotal</b>		<u>          </u> <i>(out of 5)</i>
<b>TOTAL IMPLEMENTATION SCORE</b>		<u>          </u> <i>(out of 100)</i>
YOUTH/YOUNG ADULT AND PARENT/CAREGIVER ENGAGEMENT		SCORE
		<b>Yes = 5 / No = 0</b>
Involved youth/young adults and parents/caregivers in the implementation of staff education on HCT		
Included youth/young adults and parents/caregivers as active members of the advisory council or transition quality improvement team		
<b>TOTAL YOUTH/YOUNG ADULT AND PARENT/CAREGIVER ENGAGEMENT SCORE</b>		<u>          </u> <i>(out of 10)</i>



# Health Care Transition Process Measurement Tool *(Continued)*

**Instructions:** The practice/system can be scored according to the percentage of youth and young adults that receive each of the Six Core Elements. Possible scores range from 1-5.\* If a practice/system starts with a subset of youth or young adults with special needs, they would likely be reaching 20% or less of eligible patients for a score of 1 point. If they are implementing the Six Core Elements for all eligible youth and young adults with and without chronic conditions, they would score at the maximum level of 5 points. (No partial scores.)

PERCENT OF TRANSITION-AGED PATIENTS RECEIVING SIX CORE ELEMENTS	SCORE
	1 to 5
<b>1. Transition and Care Policy/Guide</b> Sharing transition and care policy/guide with youth/young adults and parents/caregivers beginning at ages 12-14 (letter or visit)	
<b>2. Tracking and Monitoring</b> Tracking youth/young adults, ages 12-26, with an individual transition flow sheet or registry	
<b>3. Transition Readiness</b> Administering transition readiness assessments periodically to youth beginning at ages 14-16	
<b>4. Transition Planning</b> Regularly updating and sharing medical summary and emergency care plan and plan of care with readiness assessment findings, goals, and prioritized actions	
<b>5. Transition to Adult Approach to Care</b> Documenting discussion of privacy and consent at or before age 18  Administering self-care skills assessments periodically to young adults, ages 22-26	
<b>6. Ongoing Care</b> Eliciting feedback from youth/young adults who have transitioned to an adult approach to care and parents/caregivers about HCT supports received	
<b>TOTAL DISSEMINATION SCORE</b>	(out of 35)

**\*SCORING KEY**

SCORE	1	2	3	4	5
Percent of transition-aged patients receiving Six Core Elements	(1-20%)	(21-40%)	(41-60%)	(61-80%)	(81-100%)