Student Feedback Questions on Transition Supports

What is the goal of the tool/resource?

To have participating students provide feedback and input on their experience using the mental health transition tools. The responses from these questions can help staff members understand how to keep improving transition efforts with high school students.

Who is the audience?

High school students who have completed a Transition Readiness Tool and a Post-Graduation Wellness Plan.

Who should facilitate this tool/resource?

Someone who has been connected to the use of these tools with a student, has an ongoing, trusted relationship with a student, and has behavioral health knowledge and the ability to refer to behavioral health services, if needed. This can include school mental health providers, school-based health center staff, school psychologists, professional school counselors, and school social workers.

How should the staff team member facilitate this tool/resource?

Staff team members can ask these questions to individual or groups of students either verbally or electronically. Responses could be recorded and shared with all staff members involved in the mental health transition program.

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Introduction

In this survey, we will be asking questions about the new process to work with juniors and seniors to help learn more about your own health and how to use health and behavioral health services to get ready for the move from school behavioral health services. For both juniors and seniors, we used a transition readiness tool. For seniors, we also completed a post-graduation wellness plan together, and we shared a handout on finding medical or behavioral health services in the community and a health insurance Q&A. Today, we wanted to get your input on how this process has gone and how we can keep improving our transition efforts with high school students.

Questions

- . Do you think it is important to offer preparation for accessing post-graduation medical and behavioral health care to high school students? If yes, why? If no, why not?
- . In this pilot, you received the transition readiness tool and for seniors, the post-graduation plan. Were they helpful? If yes, why? If no, why not?
- . Do you have any ideas on how to make the transition readiness tool and for seniors, the post-graduation plan better?
- . How can we help students learn more about their own health and staying connected to medical and behavioral health care once they leave high school?