

Welcome!

The School Based Health Center at **Ballou High School** welcomes you to our clinic, which is run by **Children's National Medical Center**.

When you come see us...

- We provide **high quality** and **confidential** care.
- We offer **well checkups**, immunizations, **sick care**, mental health counseling, sexual health services, and dental care.
- **Care is free** for **current Ballou HS students, STAY students, and their children**. We can't give care to students who are not at Ballou HS or Ballou STAY.
- We care for students with **any insurance** and those with **no insurance**.

To visit us...

- We are open Monday – Friday from **8:00am-4:30pm**.
- Come in person or call **(202) 645-3843** to make an appointment.
- If it is **not during school hours**, call **(202) 476-5464**. We have different hours during school holidays and breaks.
- **If you are sick**, you can walk in during the day for an appointment. **Sports physicals** and well checkups need to be scheduled ahead.

- We **will not discuss your mental health or sexual health with anyone** else unless you ask that we do.

- **Parent consent** is needed to receive care, **except** for student needs related to **mental health, substance abuse, and sexual health**. At the start of the year, we ask parents to sign a consent form that will **last for your entire school enrollment**. If your parent has not signed a consent form, please stop by the center to pick up a form.

- Before you leave Ballou High School, we will help you **find a new adult doctor** or clinic. If you have any questions or concerns, please **feel free to ask** us.