

NATIONAL, REGIONAL, AND STATE
HEALTH CARE TRANSITION PERFORMANCE
FOR YOUTH WITH AND WITHOUT
SPECIAL HEALTH CARE NEEDS

The National Survey of Children's Health 2023-2024



National, Regional, and State Data, 2023 & 2024 Combined

Percent of youth with and without special health care needs, ages 12 through 17, who received services to prepare for the transition to adult health care.

	YSHCN	Non-YSHCN
Overall U.S.	21.7%	19.1%
Region I	21.9%	20.8%
Connecticut	18.1%	19.4%
Maine	30.4%	29.0%
Massachusetts	19.7%	17.8%
New Hampshire	31.6%	31.0%
Rhode Island	16.7%	16.3%
Vermont	34.7%	31.9%
Region II	19.7%	17.0%
New Jersey	13.6%	15.5%
New York	22.5%	17.7%
Region III	22.0%	19.3%
Delaware	21.7%	20.9%
District of Columbia	22.9%	22.2%
Maryland	19.9%	16.4%
Pennsylvania	21.1%	19.2%
Virginia	23.4%	19.5%
West Virginia	27.7%	27.1%
Region IV	21.5%	17.3%
Alabama	20.7%	18.7%
Florida	14.9%	11.3%
Georgia	27.3%	20.9%
Kentucky	26.8%	20.3%
Mississippi	17.3%	14.5%
North Carolina	22.9%	19.9%
South Carolina	18.8%	18.3%
Tennessee	28.0%	22.5%

	YSHCN	Non-YSHCN
Region V	26.6%	24.5%
Illinois	24.3%	22.9%
Indiana	22.7%	22.2%
Michigan	28.9%	25.6%
Minnesota	31.1%	28.7%
Ohio	26.4%	23.8%
Wisconsin	28.7%	26.4%
Region VI	14.3%	12.9%
Arkansas	17.6%	16.3%
Louisiana	20.1%	16.4%
New Mexico	19.3%	18.7%
Oklahoma	25.3%	19.1%
Texas	10.9%	11.0%
Region VII	27.5%	23.1%
Iowa	33.4%	32.5%
Kansas	28.7%	25.1%
Missouri	25.0%	18.1%
Nebraska	24.1%	20.3%
Region VIII	28.0%	22.5%
Colorado	32.9%	25.5%
Montana	28.1%	27.0%
North Dakota	33.3%	29.0%
South Dakota	34.6%	25.8%
Utah	19.5%	15.4%
Wyoming	29.0%	23.2%
Region IX	19.6%	18.8%
Arizona	21.4%	20.0%
California	19.0%	18.7%
Hawaii	30.6%	20.6%
Nevada	18.5%	17.0%
Region X	23.7%	23.5%
Alaska	45.0%	31.6%
Idaho	26.7%	22.1%
Oregon	27.0%	26.4%
Washington	18.9%	21.6%

YSHCN = youth with special health care needs

Non-YSHCN = youth without special health care needs

Please interpret with caution: estimate has a 95% confidence interval width exceeding 20 percentage points or 1.2 times the estimate and may not be reliable.

Data source: 2023-2024 National Survey of Children's Health

Data obtained by Got Transition in February 2026.

Child and Adolescent Health Measurement Initiative. 2023-2024 National Survey of Children's Health (NSCH) data query. Data Resource Center for Child and Adolescent Health supported by the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA), Maternal and Child Health Bureau (MCHB). Retrieved [02/02/26] from [www.childhealthdata.org].