



CURRENT ASSESSMENT OF HEALTH CARE TRANSITION (HCT) ACTIVITIES FOR SBHCS

(Check the level that reflects what your SBHC's transition activities are for each element. If the level is partially, but not fully completed, scoring should be at the lower level.)

Element 1. Transition Policy

- Level 1:** Clinicians at the SBHC vary in their approach to HCT, including what will happen when the student leaves the SBHC.
- Level 2:** Clinicians at the SBHC follow a uniform but not a written policy about the adult model of care and leaving the SBHC. The approach for HCT planning differs among clinicians.
- Level 3:** The SBHC has a written HCT policy or approach, developed with input from youth and that includes privacy and consent information and welcomes the youth to the SBHC and describes its approach to HCT. The policy is not consistently shared with youth.
- Level 4:** The SBHC has a written HCT policy or approach, developed with input from youth that welcomes the youth to the SBHC, addresses privacy and consent information, and provides a description of the SBHC's approach to HCT, such as transition readiness/self-care skill assessment and offering a list of local adult providers on leaving the SBHC. Clinicians discuss the HCT policy with youth beginning at entry into the SBHC services. The HCT policy is posted and familiar to all staff.

Element 2. Transition Tracking and Monitoring

- Level 1:** Clinicians at the SBHC vary in the identification of transitioning youth, but most wait until close to the age of transfer from the SBHC to identify and prepare youth.
- Level 2:** Clinicians at the SBHC use patient records to document certain relevant HCT information (e.g., future adult provider name).
- Level 3:** The SBHC has an individual HCT flow sheet or registry for identifying and tracking transitioning youth, ages 14 and older, or a subgroup of youth with chronic conditions as they progress through and complete some, but not all HCT processes.
- Level 4:** The SBHC has an individual HCT flow sheet or registry for identifying and tracking transitioning youth, ages 14 and older, or a subgroup of youth with chronic conditions as they progress through and complete each of the elements described in this assessment, using EHR if possible.

Element 3. Transition Readiness

- Level 1:** Clinicians at the SBHC vary in terms of whether they assess student transition readiness/self-care skills or not.
- Level 2:** Clinicians at the SBHC consistently wait to assess transition readiness/self-care close to the time the student leaves the SBHC.
- Level 3:** The SBHC consistently discuss transition readiness/self-care skills and changes in adult-centered care beginning at ages 14 to 16, but no formal assessment tool is used.
- Level 4:** The SBHC consistently uses a standardized transition readiness/self-care skills assessment tool. Self-care needs and goals are incorporated into the youth's plan of care beginning at ages 14 to 16.

Element 4. Transition Planning

- Level 1:** Clinicians at the SBHC vary in addressing HCT needs and goals. They seldom make available a plan of care (including medical summary and emergency care plan and HCT goals and action steps) or a list of adult providers.
- Level 2:** Clinicians at the SBHC consistently address HCT needs and goals as part of the plan of care. They usually provide a list of adult providers close to the time of transfer from the SBHC.
- Level 3:** The SBHC partners with youth in developing and updating their plan of care with prioritized HCT goals and preferences for finding an adult provider. This plan of care is regularly updated and accessible to youth.
- Level 4:** The SBHC has incorporated HCT into its plan of care template. All clinicians are encouraged to partner with youth in developing HCT goals and updating and sharing the plan of care. Clinicians address needs for decision-making supports prior to age 18. The SBHC has a vetted list of adult providers and assists youth in identifying adult providers.

Element 5. Transfer of Care

- Level 1:** Clinicians at the SBHC usually send medical records to adult providers in response to student requests.
- Level 2:** Clinicians at the SBHC consistently send medical records to adult providers for their students leaving the SBHC.
- Level 3:** The SBHC sends a transfer package that includes the plan of care (including the latest transition readiness assessment, HCT goals/actions, medical summary, and, if needed, legal documents).
- Level 4:** The SBHC sends a complete transfer package (including the latest transition readiness assessment, HCT goals/actions, medical summary, and, if needed, legal documents), and SBHC communicates with adult clinicians, confirming SBHC's responsibility for care until young adult is seen in the adult practice.

Element 6. Transfer Completion

- Level 1:** Clinicians at the SBHC have no formal process for follow-up with students to see if they have found an adult provider.
- Level 2:** Clinicians at the SBHC encourage former students to let them know whether the transfer to new adult provider went smoothly.
- Level 3:** The SBHC communicates with the adult practice confirming completion of transfer/first appointment and offering consultation assistance, if needed, for patients with chronic care needs.
- Level 4:** The SBHC confirms transfer completion, need for consultation assistance, and elicits feedback from former students regarding the transition experience.

Youth Feedback

- Level 1:** The SBHC has no formal process to obtain feedback from youth about HCT support.
- Level 2:** The SBHC obtains feedback about transition process from youth using a HCT survey.
- Level 3:** The SBHC involves youth in developing or reviewing the HCT survey and conducts the survey with eligible youth.
- Level 4:** The SBHC involves youth in developing or reviewing the HCT survey, conducts the survey with eligible youth, and involves youth in developing strategies to address areas of concern identified by the HCT survey.

Youth Leadership

- Level 1:** Clinicians at the SBHC provide youth with tools and information about HCT.
- Level 2:** The SBHC involves youth in creating and implementing education programs for SBHC staff related to HCT.
- Level 3:** The SBHC involves youth as active members of a youth advisory council or peer health education group as part of a HCT quality improvement effort.
- Level 4:** The SBHC ensures equal representation of youth in strategic planning related to HCT.