



THE NATIONAL ALLIANCE
TO ADVANCE ADOLESCENT HEALTH



UPDATED SIX CORE ELEMENTS OF HEALTH CARE TRANSITION™ AND REVAMPED GOT TRANSITION WEBSITE

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Got Transition Unveils Exciting New Six Core Elements of Health Care Transition™ 3.0, Practical Step-By-Step Implementation Guides, and a Revamped User-Friendly Website with New Resources and Toolkits for Clinicians, Youth/Young Adults, and Parents/Caregivers.

Got Transition®, the federally funded national resource center on health care transition (HCT), has developed new and improved tools, resources, and a revamped website for clinicians, youth/young adults, and parents/caregivers to assist youth and young adults (with and without special health care needs) as they move from a pediatric to an adult-centered model of health care.

After extensive review and input from clinicians, youth, young adults, and family HCT experts, Got Transition has updated [the Six Core Elements of Health Care Transition™ 3.0](#), which define the basic components of HCT support and are intended for use by pediatric, family medicine, med-peds, and internal medicine practices. The three packages are aligned with the [2018 AAP/AAFP/ACP Clinical Report on Health Care Transition](#) and are available for these scenarios:

1. Transitioning Youth to an Adult Health Care Clinician
2. Transitioning to an Adult Approach to Health Care Without Changing Clinicians
3. Integrating Young Adults into Adult Health Care

As part of these updated materials, Got Transition has revised its measurement tools for each package. The Six Core Elements 3.0 materials are all available in Spanish, and customizable sample tools from each package are available in English and Spanish.

To help practices transform their HCT processes, Got Transition has also developed new practical step-by-step Implementation Guides dedicated to each core element. Got Transition recommends a quality improvement (QI) approach to incrementally incorporate the tools as a standard part of care, and these guides offer real world examples from practices utilizing the Six Core Elements. Got Transition offers background information on how to use the Implementation Guides, as well as a Quality Improvement Primer for those unfamiliar with the QI process. Guides and information are available at www.GotTransition.org/Implementation.

Got Transition has also revamped its website, www.GotTransition.org, to offer an interactive experience to everyone involved in this process: clinicians, youth/young adults, parent/caregivers, and researchers/policymakers. The revamped site includes new toolkits, online quizzes, one-pagers, Six Core Elements samples, and other HCT-related resources and information.

For more information, please visit www.GotTransition.org or email info@gottransition.org.

About Got Transition

[Got Transition](#) is a program of [The National Alliance to Advance Adolescent Health](#) and is funded through a cooperative agreement from the federal Maternal and Child Health Bureau, Health Resources and Services Administration. Its aim is to improve the transition from pediatric to adult health care through the use of evidence-driven strategies for clinicians and other health care professionals; public health programs; payers and plans; youth and young adults; and parents and caregivers.